

Friday, November 15, 2019

Chicago Center for Family Health

# INTEGRATING SPIRITUALITY IN CLINICAL PRACTICE: Suffering, Healing, & Resilience FROMA WALSH, PHD

Spiritual beliefs and practices have profound influence in times of crisis, trauma, or loss and with chronic multi-stress conditions. Yet clinicians are often unsure how to approach religious/spiritual matters in practice. Viewing spirituality as a vital dimension of human experience, Dr. Walsh will apply a systemic framework and multi-faith perspectives to integrate spirituality in our work with individuals, couples and families. Practice principles, guidelines, and case examples will be offered: 1) to explore spiritual distress—faith-based or existential--that contributes to suffering or blocks positive growth; and 2) to identify and draw on spiritual resources for healing and resilience—both religious and non-religious--fitting clients' values and preferences. We'll discuss: ethical, moral, and therapeutic challenges; therapists' own spiritual pathways; and ways to find spiritual nourishment to counter compassion fatigue in our work and thrive in our lives.



**Froma Walsh, MSW, PhD** is Co-Founder & Co-Director, Chicago Center for Family Health and the Mose & Sylvia Firestone Professor Emerita at the University of Chicago, School of Social Service Administration and Department of Psychiatry. Dr. Walsh is a leading expert internationally on family resilience; trauma and complicated bereavement, and multi-stress family challenges. Her collaborative, systemic practice approach integrates socio-cultural and multi-faith spiritual perspectives. Dr. Walsh, a licensed Clinical Psychologist, is Past President, American Family Therapy Academy; past editor, *Journal of Marital & Family Therapy*; AAMFT Approved Supervisor. She has received numerous awards for her distinguished contributions to the clinical field. With 120+ articles, her books, translated in several languages, include: *Spiritual Resources in Family Therapy* (2e); *Strengthening Family Resilience*, (3ed. 2016); *Normal Family Processes: Diversity and Complexity*, (4e 2016); and *Living Beyond Loss: Death in the Family*, (2e). She received a B.A. (Honors, Psychology), University of California, Berkeley; MSW, Smith College; and PhD. in Human Development & Behavioral Sciences, University of Chicago; and served as a Peace Corps Volunteer in Morocco. An inspiring presenter, she is a frequent speaker, clinical trainer, and consultant internationally.

### Workshop Schedule (6 CEUs)

- 8:30 – 9:00 Registration
- 9:00 – 12:15 Morning Session
- 12:15 – 1:15 Lunch (on your own)
- 1:15 – 4:00 Afternoon Session

### Location:

One South Wacker Drive  
North Wacker Conference Room  
Chicago Loop

To register:

Online: <http://ccfhchicago.org/workshops/>

By Mail (please include payment info):

Chicago Center for Family Health  
20 N Wacker Dr, Suite 1442 Chicago, IL 60606

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NAME \_\_\_\_\_ DEGREE/LICENSE \_\_\_\_\_

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AFFILIATION \_\_\_\_\_

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ADDRESS \_\_\_\_\_

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CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

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HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

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EMAIL \_\_\_\_\_

### Integrating Spirituality in Clinical Practice~ Nov 15, 2019

Registration:	Before 10/28	After 10/28
<input type="checkbox"/> Individual	\$125	\$135
<input type="checkbox"/> Groups of 3 or more	\$110	\$120
<input type="checkbox"/> Students with valid ID	\$60	\$60
<input type="checkbox"/> Student groups of 3 or more	\$50	\$50

### Payment Options:

- Check Enclosed (Payable to CCFH)
- Credit Card (Visa or MasterCard)

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SIGNATURE \_\_\_\_\_

### CECs (6 hours)

- LCSW/LSW # \_\_\_\_\_
- LMFT # \_\_\_\_\_
- LCPC/LPC # \_\_\_\_\_
- Clinical Psychologist # \_\_\_\_\_
- Certificate of attendance

The Chicago Center for Family Health is an approved provider of continuing education credits (CECs) by the Illinois Dept. of Professional Regulation for social workers (LCSW/LSW), licensed marriage & family therapists (LMFT), professional / clinical counselors (LCPC/LPC), and Clinical Psychologists.



**Chicago Center for Family Health**

20 N Wacker Drive, Suite 1442, Chicago, IL 60606

**Specializing in Family & Couple Therapy & Families, Illness, & Collaborative Healthcare**

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The Chicago Center for Family Health is an internationally renown, advanced institute for couple and family therapy training, services, and community-based consultation. Our collaborative, resilience-promoting approach builds on client strengths to resolve problems and master life challenges. This approach facilitates healing and recovery from crises; coping with persistent stresses; enhanced functioning and well being; and both personal and relational growth.

For information: Visit our website: [www.ccfhchicago.org](http://www.ccfhchicago.org)

**Counseling and Therapy Services– Sliding Scale**

Our multidisciplinary clinical faculty and fellows specialize in systems-oriented family, couple & individual therapy and counseling services. Many are nationally recognized experts in the mental health field. [www.ccfhchicago.org/faculty](http://www.ccfhchicago.org/faculty)

We are dedicated to serving a broad diversity of clients, their values, varied family forms and life challenges. Our resilience approach is based on the conviction that all clients have potential for change and positive growth.

**Distance Learning ~ Continuing Education Credits**

- **Web-based Agency and Case Consultation - TBA**
- **Readings:** CCFH provides online continuing education opportunities to earn CE credits by reading valuable publications by CCFH authors. Gain useful practice information at your convenience. All books & articles are highly regarded and widely used in professional training and practice across disciplines. Both beginning & seasoned clinicians will gain useful, state-of-the-art knowledge, practice guidelines, and case illustrations to inform and inspire best practice.

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