Neurocognitive Impairment: Addressing Couple & Family Challenges

JOHN ROLLAND, M.D., MPH

Conditions involving neurocognitive impairment, such as Alzheimer’s disease and traumatic brain injury, present heart-wrenching challenges for individuals and their loved ones. Because they alter capacities for relational connection in varied ways, they can profoundly affect couple bonds and family life. Caregiving stresses over time can have serious health and mental health consequences and reverberate throughout the network of relationships.

Drawing on his Family Systems Illness model and forthcoming book, Dr. Rolland provides a resilience-based practice approach and guidelines with case illustrations/video to maximize coping and adaptation over time. He will address couple and family challenges with mild to severe cognitive impairment and progressive dementias, including: communication issues, threatened future neurocognitive disability, ambiguous loss, decisional capacity, reaching limits, placement decisions, and issues for adult children and spousal caregivers. He will highlight core challenges for couples, such as intimacy, sexuality, and re-visioning hopes and dreams. Principles and guidelines are provided to help couples and families master these complex challenges, deepen bonds, and forge positive pathways ahead. We will discuss preventive screening, family consultation/assessment, treatment planning, and services in a range of healthcare settings.

John S. Rolland, MD, MPH is Adjunct Professor of Psychiatry at Northwestern University Feinberg School of Medicine, and Executive Co-Director and Co-founder of the Chicago Center for Family Health. Widely recognized for his conceptual model and clinical work with families facing serious physical disorders, he has published extensively including his landmark book, Families, Illness, and Disability: An Integrative Treatment Model; Individuals, Families, and the New Era of Genetics: Biopsychosocial Perspectives (co-authored), and forthcoming, Helping Couples and Families Navigate Illness and Disability: An Integrative Practice Approach. He is past-President of the American Family Therapy Academy (AFTA), recipient of its Innovative Contributions to Family Therapy Award, and a Distinguished Fellow of the American Psychiatric Association. An AAMFT approved supervisor, he recently served on the Board of the Collaborative Family Healthcare Association.

Workshop Schedule (6 CECs)

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<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
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<tbody>
<tr>
<td>8:30 – 9:00</td>
<td>Registration</td>
<td>Civic Opera Building</td>
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<tr>
<td>9:00 – 12:15</td>
<td>Morning Session</td>
<td>20 N. Wacker Drive</td>
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<tr>
<td>12:15 – 1:15</td>
<td>Lunch</td>
<td>Chicago Loop</td>
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<tr>
<td>1:15 – 4:00</td>
<td>Afternoon Session</td>
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Friday, October 27, 2017

The Chicago Center for Family Health is an internationally renown, advanced institute for couple and family therapy training, services, and community-based consultation. Our collaborative, resilience-promoting approach builds on client strengths to resolve problems and master life challenges. This approach facilitates healing and recovery from crises; coping with persistent stresses; enhanced functioning and well being; and both personal and relational growth.

For information: Visit our website: www.ccfhchicago.org

Counseling and Therapy Services—Sliding Scale

Our multidisciplinary clinical faculty and fellows specialize in systems-oriented family, couple & individual therapy and counseling services. Many are nationally recognized experts in the mental health field.

www.ccfhchicago.org/faculty

We are dedicated to serving a broad diversity of clients, their values, varied family forms and life challenges. Our resilience approach is based on the conviction that all clients have potential for change and positive growth.

Distance Learning—Continuing Education Credits

• Web-based Agency and Case Consultation - TBA
• Readings: CCFH provides online continuing education opportunities to earn CE credits by reading valuable publications by CCFH authors. Gain useful practice information at your convenience. All books & articles are highly regarded and widely used in professional training and practice across disciplines. Both beginning & seasoned clinicians will gain useful, state-of-the-art knowledge, practice guidelines, and case illustrations to inform and inspire best practice.

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